# **CITY OF THIBODAUX** SECTION 8 HCV NEWSLETTER

# **NOVEMBER 2023**

# **FREE OR LOW COST INTERNET**

Americans who receive HUD assistance are eligible for free or discounted access to high-speed internet service through the Affordable connectivity Program.

# Sign up today at <u>getinternet.gov</u>



# **INCOME, REPORTING, & FRAUD**

Do you have changes to report? Remember to contact our office within 5 days IF:

- there are work related changes new job, loss of a job, hourly rate change, promotion
- there are family composition changes a new baby is born, someone wants to move in or move out of your rental unit
- new phone number
- new email address

Failure to report income or household changes may result in termination and/ or a repayment agreement.

# FRAUD IS A CRIMINAL OFFENSE



## CONTACT US

Phone: 985-446-7217 Text: 985-228-0124 Email: <u>cdbg@ci.thibodaux.la.us</u>

#### **VISIT US**

Location: 112 St. Mary Street Office hours: 8 AM – 12 PM closed for lunch 1 PM – 4:30 PM

#### SOCIAL MEDIA

Website: https://www.ci.thibodaux.la.us/ Facebook: <u>City of Thibodaux Municipal Government</u>

#### HOW CAN YOU HELP YOUR CITY?

We are looking for Resident Advisory Board Members. Please contact our office for more information.



## **BUS VOUCHERS**

#### No car? No problem!

Stop by our office and apply for free weekly bus tickets to help you get where you need to go. There is a short application for you to complete. Bring your ID and proof of income for **all** your household members.

DID YOU KNOW that you can text our office? We also have a drop box for documents!

# 988 SUICIDE & CRISIS

# ONE DEATH BY SUICIDE OCCURS EVERY 11 MINUTES

689 LOUISIANA HAD 689 SUICIDES IN 2021

1 in 5 Adults live With a mental Health Condition

## **WHAT IS 988?**

The 988 Suicide and Crisis Lifeline is a national network of more than 200 accredited local crisis call centers. 988 responds to calls, chats and texts to provide 24/7, free and confidential emotional support to people experiencing suicidal crisis, emotional distress, substance use or mental health challenges across the United States.

- The 988 service is available in English and Spanish, with translation services in more than 250 languages. Text and chat are currently available in English.
- Individuals who are hard of hearing or blind can use their preferred TTY relay service or dial 711 then 1-800-273-8255.
- The chat feature is available through 988's website: https://988lifeline.org/chat
- People can also reach 988 if they are worried about a loved one who may need crisis support.

# HOW DOES 988 WORK IN LOUISIANA?

The Louisiana Department of Health (LDH) launched 988 in July 2022. LDH's Office of Behavioral Health (OBH) has contracted with two certified call centers to answer 988 calls 24/7 throughout the state:

- The Louisiana Association on Compulsive Gambling (LACG) in Bossier City answers calls in north, central and southwest Louisiana (area codes 318 and 337).
- VIA LINK in New Orleans answers calls in southeast Louisiana (area codes 504, 225 and 985).

# HOW IS LDH PROMOTING 988?

LDH is launching a campaign to raise awareness of 988 and reduce stigma surrounding mental health.

- As part of that campaign, LDH is launching a 988 dashboard that will provide transparent access to key in-state metrics including the volume of contacts by parish, overall broad demographics and the type of assistance individuals are requesting. It will be updated monthly.
- This campaign will also include PSAs on radio stations throughout Louisiana and partnerships with key stakeholders to help amplify messaging and awareness.

# RESOURCES

- 988 Suicide and Crisis Lifeline: www.988lifeline.org
- 988 FAQ: www.samhsa.gov/find-help/988/faqs
- LDH 988 Dashboard (goes live May 2): www.ldh.la.gov/988 | www.vialink.org | www.helpforgambling.org